

Accessing specialty mental health services

Level of Need	Indicators	Disposition	Who to Call
Emergency	<ul style="list-style-type: none"> Acutely suicidal or homicidal At risk of immediate harm 	9-1-1 response <ul style="list-style-type: none"> PMRT response Urgent Care Center Referral 	9-1-1 ACCESS: 1-800-854-7771 (24/7)
Urgent Need for Assessment	Meet DMH threshold criteria on screener*	Outpatient specialty mental health appointment scheduled	ACCESS Appointment Line: 1-855-425-8141
Routine Appointments	Meet <u>all</u> below: <ul style="list-style-type: none"> Medi-Cal Specialty Mental Health Included Diagnosis (**) Significant functional impairment in key roles (e.g., work, home, self-care) Expectation that proposed interventions can impact patient's condition Condition will not be responsive to physical health care based treatments 		Options: <ul style="list-style-type: none"> Health Neighborhood Partner Service Area Navigator ACCESS: 1-800-854-7771 Individual calls or walks in to specialty mental health providers .
	If does <u>not</u> meet all above		<ul style="list-style-type: none"> Applicable Managed Care Plan (Behavioral Health line on Member's ID card)

* Contact your Medi-Cal Plan Mental Health administrator for the *Urgent Behavioral Health Screening Form to Obtain Specialty Mental Health Assessment*.

****Included Diagnosis:** Pervasive Developmental Disorders except Autistic Disorder, Attention Deficit & Disruptive Behavior Disorders, Feeding & Eating Disorders of Infancy or Early Childhood, Elimination Disorders, Other Disorders of Infancy, Childhood or Adolescence, Schizophrenia & other Psychotic Disorders, Mood Disorders, Anxiety Disorders, Somatoform Disorders, Factitious Disorders, Dissociative Disorders, Paraphilias, Gender Identity Disorders, Eating Disorders, Impulse-control Disorders not elsewhere classified, Adjustment Disorders, Personality Disorders excluding Antisocial Personality Disorders, Medication - Included Movement Disorders

***Click here to [Access Mental Health Services](#), enter an address, and locate the closest mental health providers.

[Back to Health Care Reform](#)